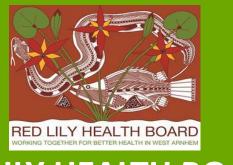
Volume 2 | Issue 5 | May 2020



# RED LILY HEALTH BOARD NEWSLETTER

#### Flu shots delivered to Kakadu residents











As the saying goes, if you want to go fast go alone, if you want to go far go in a team. And that is exactly what happened with staff from Red Lily Health (RLH) supporting Top End Health Service (TEHS) in the delivery of flu vaccinations to residents of Kakadu. Teams were formed and dispersed throughout the Kakadu region to deliver over 200 hundred flu vaccinations shots, travelling over 800 Kms including a trip to the residents at Mary River Ranger Station.

It is not too late to get your flu vaccination, simply make an appointment with your local clinic.

Flu vaccinations do NOT protect you from the Coronavirus (COVID-19) but will protect you from other flu type viruses.

## **Liquid Hand Sanitiser Soap for Kakadu Communities**

Recently Energy Resources of Australia (ERA) through Rio Tinto was able to secure a large consignment of liquid hand sanitiser soap. A working group was formed to assist in the delivery of the soap into communities throughout the West Arnhem Region. The community working group included - Energy Resources of Australia, West Arnhem Regional Council, Jabiru Foodland. Northern Lands Council, Gundjeihmi Aboriginal Corporation. Red Lily's role was to assist with the distribution throughout the Kakadu Ward.



Clean hands, face and skin are key components in maintaining your health. Having access to the soaps shall assist greatly.

Red Lily shall be distributing the soap out to communities and Ranger Stations. This shall tie in with the community visits that Red Lily does with the Jabiru Primary Health Centre. So, keep an eye out for us as we travel in the area.

## Red Lily rolled out mental health program

The Red Lily team ventured out to the beautiful Mudginberri outstation to engage with residents, to talk about a healthy minds program. The feedback was very positive, and we all agreed that mental health is very important, especially at this time with all the restrictions in place concerning COVID -19.



## **Successful Yarning Circle**



\*this photo was taken prior to COVID-19 restrictions

Red Lily Team had a visit from the Social and Emotional Wellbeing team from AMSANT to share and encourage opportunities to increase knowledge and skills in the areas of social and emotional wellbeing practices within the workplace and community.

## **Information About Minjilang Health Centre Transfer**

The health and safety of people living in Minjilang and homeland communities is the Red Lily Health Board's main concern and guides all the decisions we make.

Due to the concerns and risks of Coronavirus (COVID-19), the decision was made to delay the transfer of the Minjilang clinic to Red Lily. This was planned to occur by 1 July 2020 but will be delayed until it is safe to travel in and out of the communities.

It was agreed that the planned transfer of Minjilang Health Centre to Red Lily on 1 July 2020 will be postponed, for several reasons including:

- The response to the COVID-19 emergency needs a lot of TEHS resources and attention in the coming months
- Travel to remote communities is restricted to essential services only. In addition, this includes limiting unnecessary movement of locals from the communities which makes meetings difficult to progress

- During the transition, people would need to visit Minjilang to carry out transition jobs such as removing NTG computers and replacing with new Red Lily computers and other supplies
- TEHS have the systems in place to cover temporary replacements for staff sickness and the cost of those replacements, which will be limited by travel restrictions nationally or internationally
- Transferring services is not ideal at a time with resources diverted and lack of access to the Minjilang community

#### Do you have questions or want more information?

Contact Red Lily Health Board at <a href="mailto:info@redlily.org.au">info@redlily.org.au</a>

If you would like to get latest information about Red Lily Health, please visit our website or follow us on Facebook & LinkedIn.

Website: redlily.org.au

Facebook: <a href="https://www.facebook.com/redlilyhealth">www.facebook.com/redlilyhealth</a> LinkedIn: <a href="https://www.linkedin.com/company/31371580">www.facebook.com/redlilyhealth</a>

Acknowledgement: Red Lily Health is funded by Kakadu West Arnhem Social Trust (KWAST), NT Primary Health Network (NT PHN) & Australian Government Department of Health. Red Lily Health is supported by Australian Medical Services Alliance NT (AMSANT) & NT Health, Top End Health Service (NT Government).