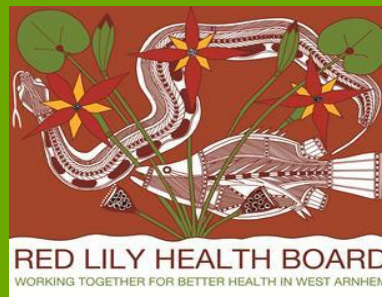


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RED LILY HEALTH BOARD NEWSLETTER

Red Lily offering “Patient Privacy” during community engagement



Every week Red Lily supports Jabiru Primary Health with community visits. These regular engagements have been beneficial in increasing patient knowledge about their health and assisting patients with care coordination, and significantly contribute to closing the Health Gap for Aboriginal people.

To provide privacy for patients, Red Lily recently purchase side awnings and portable vehicle tent that can be utilized as a private room. This not only allows the opportunity for patients to discuss any health concerns but also allows Jabiru Primary Health team to provide additional health checks.

Children supported in Kakadu Communities



Community engagement is always important, and Red Lily Public Health team member Kyra Beckman and Denise House recently had the privilege of engaging children with some fun based physical and educational activities such as kicking the footy, drawing, reading, counting and learning about numerous animals.

The aim with this program was to support future school children of Kakadu, and to encourage & inform those children about the importance of education and attending school regularly.

Red Lily collaborating with Jabiru Health Centre at the School Nursing Program

Red Lily Health staff work very closely with Jabiru Health Centre in the School Nursing Program at Jabiru Area School.

This program is about promoting, facilitating, and improving primary health care with the

students. Appropriate training, education, and coaching support these programs, which in turn support the student's holistic health needs by using evidence-based strategies.

The School Nursing program does health check for ages 4-17 years and is delivered fortnightly.



It is not easy, but Red Lily staff are learning...



Red Lily's Team Leader Alicia Smith and work colleague Denise House are learning the traditional languages still existing in Kakadu-Kunwinjku at Bininj Kunwok Regional Language Centre of Charles Darwin University. During this course they are learning grammar, reading, pronunciation and much more.

Did you know that in 1788 there were between 300 and 700 Indigenous languages spoken across Australia? Only 160 of these languages are now reported as being spoken at home, and of these only 13 traditional Indigenous languages are still spoken by children. This could mean that in 60 years' time only 13 of Australia's languages will be left, unless something changes now to encourage and support people to start speaking these languages (Misha Ketchell- The Conversation, 2019).

When asked why learn Kunwinjku , Denise replied, "Whenever I travel to another country, I always try to learn the basics of their language, and yet here I have been living in Jabiru for 2 years and learnt nothing, it felt wrong that I hadn't bothered to learn local language to connect with the community more, and so I'm thankful for my role at Red Lily and the opportunity in doing this course, where my learnings will be used to assist, improve communication and support the community more, even if this does mean being laughed at with my unusual pronunciation of words, it's not easy, but I'm seeing a difference already with my engagement."

Self- defense training for front line health workers

Red Lily public health team joined forces with Jabiru Clinic staff for P3 self-defense training. The purpose of the course was to teach skills to front line health workers, who may find themselves in an escalated situation with aggressive or agitated clients.



Unfortunately, there is a disturbing occurrence in society, where patients being cared for, can turn on the caregiver with violence, putting the person trying to give assistance in danger. Factors that can provoke such unexpected behavior can include, alcohol, drugs, mental health issues, or simply just having a bad day. It is becoming a huge problem in the health sector, and it is important that all frontline staff have the knowledge and techniques to protect themselves and escape the attacker, to get help.

With good communication skills and reading of body language, it is possible to defuse many situations before escalation. But when it comes to being put in harm's way, actions and reactions need to be at the fore. Knowing and judging where an attack is coming from can mean the difference between staying safe or becoming the patient.

Do you have questions or want more information?

Contact Red Lily Health Board at info@redlily.org.au

If you would like to get the latest information about Red Lily Health, please visit our website or follow us on Facebook & LinkedIn.

Website: redlily.org.au

Facebook: www.facebook.com/redlilyhealth

LinkedIn: www.linkedin.com/company/31371580

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