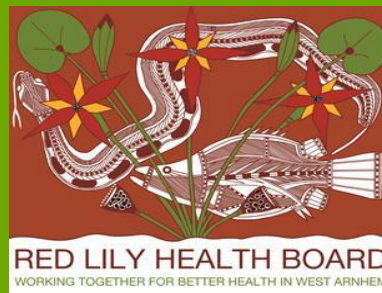


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# RED LILY HEALTH BOARD NEWSLETTER

## Governance Training for Red Lily Board Directors



Red Lily Health Board had a very dynamic Board meeting in October which combined undertaking the Foundations of Directorship Program (facilitated by the Australian Institute of Company Directors) as well as conducting the scheduled Board meeting. In this way, the Board were able to put some of the training into practice straight away as well as use the information to inform the upcoming review of the Red Lily Strategic Plan.

The training covered Governance for Aboriginal Corporations; the role of Board Directors and Strategy.

### Notice of **Annual General Meeting**

Thursday 19<sup>th</sup> November 2020, 9 am – 3 pm, Jabiru Health Centre

#### Agenda:

- Acknowledgements of Traditional Owners
- Welcome/Apologies
- Confirmation of previous AGM minutes
- Chairperson report
- Transition and Business Manager report
- Nominations of Directors
- General Business



**RED LILY HEALTH BOARD**

WORKING TOGETHER FOR BETTER HEALTH IN WEST ARNHEM

## Strong Health Message Through Bininj Voices



In early September Red Lily engaged Desert Pea Media to create a youth and community led music video and Alcohol & Other Drugs (AOD) harm minimization short film. This project is funded by NTG Harm minimization unit.

Desert Pea Media arrived on the 8th of September to commence a two-week production with Red Lily staff, youth from Jabiru Area School, elders, and community members. We were fortunate enough to have an opportunity to work alongside family from Maningrida on this journey.

Production took place in various locations in Kakadu National Park and out on the Patonga Airstrip homeland.

Through this process the youth got to have their voices heard on matters that not only concern them but also their family and community. The youth were also given AOD harm minimization education by Patricia Miller, Red Lily AOD coordinator on the lead up to this event.

Elders and community members were an instrumental part of this project, sharing their health journey and experience that will inspire other members of the community to lead a healthy lifestyle and start putting our health back in our own hands.

Kakadu will get the chance to view this powerful production during NAIDOC week on the 10th November.

## Healthy Mind Program receives gift of goods

It is with much appreciation that Kyra Beckman (Red Lily's Community Educator) has received gift of goods from Hall Contracting to support the Healthy Minds Program.

This 'on country' program is aimed at supporting Aboriginal and/or Torres Strait Islander people living with mental health challenges. It will target both men and women from ages 20 to 60 and aided weekly by the staff of Red Lily Health.



This program is one of many facilitated by the staff of Red Lily that achieve positive outcomes in health, social and emotional well-being, physical and healthy lifestyle choice. Our programs are based on the needs and priorities not just the individual, but also the families and communities of West Arnhem, while providing a culturally safe experience.

## Photo ID Card for Red Lily Board Directors



Red Lily have developed photo identity card for all Board Directors. Recently Red Lily Transition Manager Stephen Hayes handed over the Photo Identity Card along with Red Lily branded lanyard to the Board Chair Reuben Cooper along with other directors.

## Letter from the Board relating to Transition Update

In summary, over the past 6 months the COVID-19 pandemic has impacted on the community consultation process, but also provided space to develop clinical and corporate governance structures and capabilities.

The past and proposed timeline for transfer of services includes the:

- Transition of some non-acute services in Jabiru with the Jabiru-based 'Public Health Team' under community control since April 2019
- The first complete (including acute) transfer of services for Minjilang, Croker Island, planned for March 2021
- Transfer of complete services for Warruwi, Jabiru and Gunbalanya - including Outstations - planned for completion by July 2023

The Jabiru Public Health Team are working well on a variety of community programs and the RLHB are kept up to date with presentations and reports from the team.

The seven RLHB Directors, listed below, meet every 2 months in Jabiru. They are working well together, doing a great job representing their communities, the region, and Red Lily Health Board, and are participating in a Director training course this month to build their skills in the role of Director. There is also an elected Alternate Director for each Director position, and provision for 3 Independent Directors, 2 of which are currently filled. The Directors are as follows:

- Reuben Cooper (Chair) – Cobourg Peninsular
- Sampson Henry (Deputy Chair) – Jabiru
- June Nadjamerrek – Gunbalanya
- Mary Djurundudu – Warruwi
- Rosemary Nabulwad – Gunbalanya Outstations
- Steven Fejo – Minjilang
- Sandra Djandjul – Kakadu

Stephen Hayes the Transition Manager based in Jabiru and, as RLHB only receive tied government funding for transition activity and the activities of Jabiru team, Stephen Hayes also required to provide the CEO functions during the transition period.

To support the transition process, RLHB has recruited two positions both based in Darwin:

- Business Manager – Brad Palmer
- Business Support Officer – Mrinal Dey

Currently there are no RLHB employees at Minjilang, Warruwi or Gunbalanya and Top End Health Service (TEHS) employees regularly attend the Health Advisory Group meetings held 4 times per year which provide a cooperative



planning process for the Board. Red Lily Transition Manager visits the communities regularly to engage with community residents and stakeholders.

Overall, there is a very close working relationship with TEHS in this transition process, including planning and joint community consultations to ensure a seamless and collaborative transfer of services occur in each site.

RLHB are currently reviewing our Strategic Plan but our current plan is available on the organisation website (see below link). Some key messages include:

- Commitment to a progressive increase in community participation in health services resulting in a community-controlled health service model. The key partnerships that are required to support this and the responsibilities of each partner, including key capabilities and level of functioning will continue to be developed in the coming years.
- Aboriginal people of the West Arnhem region will progressively acquire improved access to services that support good health and that are appropriate to their culture and needs.
- Mission: To address the issues regarding the poor health of Aboriginal people of the West Arnhem region.
- Vision: Aboriginal people of the West Arnhem region have access to services that support good health and allow them to actively participate in their communities

More information is available on Website, Facebook, Instagram, and LinkedIn pages on the various links below. Please feel free to disseminate as required.

## Upcoming Global & National Health Awareness Events

Date	Event
October 1-31	Breast Cancer Awareness Month
October 20	World Osteoporosis Day
November 1-30	Lung Cancer Awareness Month
November 12	World Pneumonia Day
November 14	World Diabetes Day
November 18	World Chronic Obstructive Pulmonary Disease Day

## Photo Gallery



*Do you have questions or want more information?*

Contact Red Lily Health Board at [info@redlily.org.au](mailto:info@redlily.org.au)

If you would like to get latest information about Red Lily Health, please visit our website or follow us on Facebook & LinkedIn.

Website: [redlily.org.au](http://redlily.org.au)

Facebook: [www.facebook.com/redlilyhealth](https://www.facebook.com/redlilyhealth)

LinkedIn: [www.linkedin.com/company/31371580](https://www.linkedin.com/company/31371580)

Instagram: <https://www.instagram.com/redlilyhealth>

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