



# RED LILY HEALTH BOARD NEWSLETTER

## Facebook video on “Road Safety” presented by Red Lily & the children of West Arnhem gaining popularity

Red Lily Health  
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A video presented by the children of West Arnhem to raise awareness about "Road Safety"

my voice matters. -2:36

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A video presented by Red Lily & the children of West Arnhem on “Road Safety Awareness” posted on Red Lily Facebook page being appreciated by the viewers and becoming popular day by day. To watch it you can click on the link: <https://www.facebook.com/redlilyhealth/videos/1101581360262324/>

## Red Lily Health launched Cultural Orientation program

Last week of October Red Lily launched our Cultural Orientation which was developed and facilitated by Don Christophersen and Dr. Robyn Williams.

It was developed to support the induction process and assist new employees to transition and have a thorough understanding of an Aboriginal Community Controlled Organisation and the environment they will be working in.

The feedback from stakeholders and employees was extremely positive and we cannot thank Don and Dr. Robyn enough for their supreme efforts and the depth they have added to the orientation program.



## Healing our children workshop



Red Lily has joined forces with Relationships Australia to do a 2-day workshop per week for 2 weeks. The workshop is called Healing Our Children. It is for mums, aunts and grandmothers who care for children that might be living with violence or other stress in their home.

Healing Our Children aims to stop the cycle of trauma affecting children's development because of early exposure to domestic and family violence. The program uses storytelling, imagery, and art to explore the effects of violence and other trauma on children's lives.

We are sharing stories about healing and recovery that come from the wisdom of elders to help women reconnect with culture traditions, skills, and knowledge about growing healthy children.

The feedback from participants was extremely positive and they are enthusiastically looking forward to the next program.

## Cultural Engagement – out and about



The Healthy Lifestyles Educator was out and about recently with the trailer and tools from the Jabiru Mens Shed. We pulled up at the new Marawuddi gallery to cut some manberInginj (clap sticks) and kundulk (coffin logs). Whilst doing the work we started to plan larger trips into the scrub.

Thank you to the various organisations that made the impromptu carpentry happen. Blueridge Engineering and Djabulukgu Association, for the tools and trailer Djurrubu Rangers for the cut stems and Marrawuddi for providing the wood working space.

## Upcoming Global & National Health Awareness Events

Date	Event
November 1-30	Lung Cancer Awareness Month
November 18	World Chronic Obstructive Pulmonary Disease Day
December 1	World AIDS Day
December 1-31	Decembeard
December 3	International Day of Persons with Disabilities

*Do you have questions or want more information?*

Contact Red Lily Health Board at [info@redlily.org.au](mailto:info@redlily.org.au)

If you would like to get latest information about Red Lily Health, please visit our website or follow us on Facebook & LinkedIn.

Website: [redlily.org.au](http://redlily.org.au)

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