



RED LILY HEALTH BOARD NEWSLETTER

Red Lily acknowledges the traditional owners and custodians across the lands on which we live, and work and we pay respect to elders both past and present

Red Lily Team visited ACCHOs in Katherine!



The Corporate Team at Red Lily got the chance to visit 3 long-standing and experienced Aboriginal Community Controlled Health Services (ACCHS's) in Katherine in February. We have been working hard getting things ready for when Red Lily becomes responsible for running the Health Centres in our communities and we wanted to check how we were going. We thought "wouldn't it be good to spend some time with people who have been running services in communities for a long time and get any hints and tips on the best ways to do things". We have received great advice from many friends in other ACCHS's over the past year or two and we approached the Katherine services to see if we could dig a bit deeper with them.

We visited Sunrise Health Service, Katherine West Health Board and Wurli-Wurlinjang. Each of them was warm and friendly and gave us a great welcome and shared many pieces of wisdom and experience that will be useful to us. Here is just a small sample of what we covered. Bill Palmer, the CEO of Sunrise shared his experience of clinical



information systems and reporting key performance indicators for aboriginal health and how their Board operates.

Sinon Cooney, CEO of Katherine West Health Board showed us some great resources for training staff and monitoring services and shared how they manage their vehicle fleet.

Suzi Berto, CEO of Wurlu-Wurlinjang described their journey in continuous quality improvement and how they build Aboriginal Health Practitioner training into their operating model.

All the CEOs introduced us to key staff that were available which will certainly increase the working relationships that Red Lily is developing. Our thanks go to all concerned for sharing their valuable time and brain-power!

Pledge to drive so others survive – Kakadu Towards Zero



As Paul Kelly sang- ‘from little things big things grow” and this is exactly what happened when Red Lily applied and were approved in mid-November 2020 for a NT Road Safety grant to promote Towards Zero.

With only a few weeks to organize and in the last week of school term 2020, Red Lily staff with the assistance of NT Road Safety staff, Hector the road safety cat, Jabiru Police, and Jabiru Fire and Rescue, discussed and demonstrated to primary and senior students of Jabiru Area School the importance of wearing bike helmets, seatbelts, crossing the road safely, speaking up to drivers when they didn’t feel safe because the driver was either

speeding, driving under the influence of alcohol or a passenger wasn't wearing a seat belt, senior students breath testing and much more.

Students were engaged, asked great questions, and received a sun smart shirt from Red Lily with the words

"I Matter, You Matter, We Matter
Kakadu Road Safety.

National Condom Day Community Event 2021



Red Lily Health has celebrated National Condom Day on 11th February 2020 with an information stall to educate and empower the community supported by a donated BBQ from West Arnhem Regional Council held in the Jabiru Town Plaza. The morning was full of conversations about sexual health and the importance of teaching young people to be confident with who they are and how to keep their mind and body safe and healthy.

The children, parents, and staff from Jabiru FaFT had a great time colouring in Love Hearts to represent, loving, healthy and positive relationships. They took with home with them pink cupcakes with love heart icing and fruit to continue conversations with parents about what is appropriate to be talked about at what age with your children.

Red Lily Health would like to give a massive Thanks to the following organisations for their support with this event, it is greatly appreciated.

- West Arnhem Regional Council – Donated BBQ food.
- Jabiru FAFT (Families as First Teachers)
- NTG Top End Health Service
- Catholic Care

Red Lily Health would also like to give a huge Thanks to all the people who came down to support this event and to Ty for volunteering with Red Lily Health and donating his time to cook the BBQ and get the fans working, on such a humid day.

Out and about at the Buffalo farm



The Healthy Lifestyles Educator took some family out to the buffalo farm to collect Pandanas for basket weaving.

The water was up along the Nourlangie bridges and the road down to the buffalo was rutted out in places.

The ladies spent a couple of hours collecting Pandanas whilst the men went looking for pigs. The ladies returned with a large bundle of Pandanas. The men returned with just mud between their toes.

It was a nice walk amongst the paperbarks and skirted past a cove of palms.

Do you have questions or want more information?

Contact Red Lily Health Board at info@redlily.org.au

If you would like to get latest information about Red Lily Health, please visit our website or follow us on Facebook & LinkedIn.

Website: redlily.org.au

Facebook: www.facebook.com/redlilyhealth

LinkedIn: www.linkedin.com/company/31371580

Instagram: <https://www.instagram.com/redlilyhealth>

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