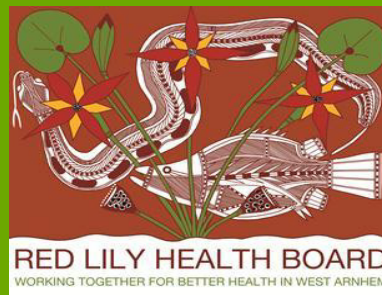


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RED LILY HEALTH BOARD NEWSLETTER

Red Lily acknowledges the traditional owners and custodians across the lands on which we live, and work and we pay respect to elders both past and present

COVID Vaccinations in West Arnhem Region



Red Lily Health Transition Manager Stephen Hayes having his first COVID vaccine shot

West Arnhem had their turn with the rollout of the COVID vaccine, over the 2.5 days from 17th to 19th May 2021 800 people rolled up their sleeves at the Community Hall.

The COVID vaccination team brought the Pfizer vaccine with them. The second round is being rolled out from 15 to 18 June 2021.

Jabiru Area School Twilight Athletics Carnival

Recently, Jabiru Area School and the School Council ran the yearly Athletics Carnival and Fundraiser.

Leading up to the Athletics Carnival all school students in Primary participated in activities that promoted the engagement and excitement into looking forward to the event and to 'have a go' without fear and anxiety. The children

had been practising the events also and this boosted their confidence when it came time to compete.

The Motto of the Day “Have Fun!”

Red Lily Health employees donated their time to cook and serve the BBQ with the support from Red Lily Health volunteer Ty and School Council Treasurer Dimity and Representative Natasha, Thank You immensely for your ongoing support it is greatly appreciated. Also a Big Thank You to Jen for only sourcing the best produce for the kids.



Wedged Tailed Eagles – yellow colour were the winners in the School House Team contest, unlucky Brolga – red colour and Marrawuddi – green colour, look forward to seeing the friendly rivalry continuing next year, Good Luck.

All children should be extremely proud of themselves for the sportsmanship shown to ensure all were able to participate and succeed, Well Done Kids!

Let's Get Reading...

Irene Henry joined FAFT (Families as First Teachers) program to take the children and families to the wonderful National Simultaneous Storytime event organised by the amazing Librarian Jillian, she really created extraordinary atmosphere and spoilt them. The book is called “Give me some space! And is a story about girl called Una who dreams of a life in Space. Life on Earth is just so so-so. But how will she get there? And will she complete her mission to discover life in Space? And did she remember to feed Neil the goldfish?”



National Simultaneous Storytime (NSS) is held annually by the Australian Library and Information Association (ALIA). Every year a picture book, written and illustrated by an Australian author and illustrator, is read simultaneously in libraries, schools, pre-schools, childcare centres, family homes, bookshops, and many other places around the country. Now in its 21st successful year, it is a colourful, vibrant, fun event that aims to promote the value of reading and literacy, using an Australian children's book that explores age-appropriate themes, and addresses key learning areas of the National Curriculum for Foundation to Year 6.

By facilitating NSS we aim to:

- promote the value of reading and literacy,
- promote the value and fun of books,
- promote an Australian writer and publisher,
- promote storytime activities in libraries and communities around the country, provide opportunities to involve parents, grandparents, the media and others to participate in and enjoy the occasion.

NSS receives positive media coverage, generates a great deal of community interest and is held annually as part of Library and Information Week.

World No Tobacco Day



Every year, World No Tobacco Day is observed to spread awareness of the dangers related to using tobacco. People around the world want to get rid of this tobacco pandemic and claim their right to health and healthy living to protect their future generations.

The theme of the "World No Tobacco Day" 2021 is "Commit to Quit".

NTG and Red Lily Health worked collaboratively in providing a fantastic Public Health Initiative in the Jabiru Town Centre. The team provided education and brief intervention to the local communities and was very well received and positive feedback was given.

A huge Thank You to David and Blossom for their knowledge from NTG and support, its greatly appreciated and definitely didn't go unnoticed. We look forward to more community events together in the future.

Firewood and raw materials to clap sticks!

Over the last couple of days, the Red Lily Healthy Lifestyles Educator has been working with ALPA on finishing their firepit they started in one of their certification courses. The firepit is down at the ALPA office near the Puma service station. The work involved collecting firewood; further digging out of the pit; identifying areas and the people to speak to about collecting the right rocks for heating. Supporting other organisation is important to keep their momentum. It was a sad day when the champion ALPA Daluk Lou left Jabiru and her efforts can't be understated. Later in the week, we went out collecting more firewood and cut up some clapsticks from ironwood.



Supporting different organisational settings that share the same goal of creating health shall give the better chance of individuals, families, and communities better health outcomes.

Community Outreach Collaboration

Red Lily and Jabiru Health Centre – Clinical Team have now recommenced weekly Community Visits starting at Headquarters (Bowali), the team included Doctor, Registrar, Nurse, and the Healthy Lifestyles Educator.

The visit was welcomed by families and gave the opportunity to conduct checkups, distribute medicines and general conversations around health and food security.



It was a good chance for the doctor, registrar, and nurse to introduce themselves and get to know the community settings.

Share the Dignity

Red Lily Health has joined forces with Share the Dignity to provide ongoing support to females in the community to access sanitary items for free.

Recently the new electronic vending machine was installed in the Jabiru Health Centre female toilet by Blueridge Engineering and there has been a fantastic response. A Massive Thank You to Blueridge...



WHAT IS A #PINKBOX DIGNITY VENDING MACHINE?

The Dignity Vending Machine is a vending machine that dispenses a FREE period pack which has six tampons and two pads in it. The machine is there to help women, girls and those who menstruate. Share the Dignity purchase and supply period packs the specially made by Libra in the vending machine, otherwise known as the #pinkbox.

Red Lily and Share the Dignity are extremely passionate about supporting the Social Determinants of Health in communities to enable Bininj people to take health back into their own hands which can create an increase in positive health outcomes.

Red Lily Health is very excited about our partnership, and we just want to thank you – Share the Dignity for being a part of our extended family. We look forward to a long and fruitful relationship between our two organisations.

Visit from Carers NT

Red Lily Health and Jabiru had a visit from Carers NT, we gained valuable knowledge in the Carer Gateway for the Territory's carers.

A lot of people think a carer is like a support worker who gets paid to provide support but that is not the case.

A carer can be young or old; they can care for someone full time or for a couple of hours a day. They can be family or friends, or neighbours and they don't get paid to provide care.

Carers NT talk to many carers who wish they'd had support earlier and connecting with services early can prevent a crisis or emergency situation. You might not need it now, but chances are you will need support at some point.



Thank You Andrea and Kieran and look forward to joining forces in the future.

Families as First Teachers (FaFT) program



The Families as First Teachers (FaFT) program is an early learning and family support program for remote Indigenous families.

The aim of FaFT is to improve developmental outcomes for remote Indigenous children by working with families and children prior to school entry.

Red Lily Health has been supporting FAFT in 2021 some of the roles and responsibilities below:

- Leading the healthy hands, nose, face and teeth cleaning program in FaFT on Weds and Thursday
- Observing for any sores/skin issues or any such potential Strep A infections that could be referred to the health centre for advice or treatment (Scabies/Acute Rheumatic Fever/RHD/healthy hair check and follow up).
- Environmental health awareness.
- Increasing access to child health services and healthy under 5s.
- Cultural advisor including leading cultural approaches to working with families, skin groups, building positive relationships.
- Using and coaching families in the Abecedarian approaches (see show say and learning games) with families and children.
- Completing ASQ-TRAK with eligible children and families.
- Supporting the weekly learning on country program and sharing healthy lifestyle choices and knowledge, including Bush medicine, bush tucker and generally healthy food choices.
- Promoting and encouraging enrolment the FaFT program to families and young mums and dads.
- Mentoring/supporting/ family through challenges.
- Home visits and check Ins.
- Communicating and supporting families and their little ones to Health and wellbeing appointments

Thank You Principal Learne



Ms Learne Dunne has been the Jabiru Area School Principal for over 6 years, she has always taken a strong student focus and has been relentless in providing a more inclusive, equitable and compassionate education approach

that ensured our vulnerable children and families feel a sense of belonging and success.

Ms Learne will be taking leave till the end of 2021 to overcome some health concerns and then taking time to increase her knowledge through training. There was a Farewell morning tea and Red Lily expressed our gratitude to Ms Learne and wished her all the best and much love, it has been an absolute privilege to work with her.

Thanks so much for all the support you have given Red Lily since it started just over 2 years ago.

See you soon not Goodbye...

Farewell Lou and Good Luck



Louise Webster a 20 year - long serving member of the Jabiru community and the CDP Jabiru Site Coordinator at Alpa (The Arnhem land Progress Aboriginal Corporation) recently left the West Arnhem Region to broaden her horizon taking a job with Many Rivers helping Indigenous persons to start & grow their own small business. Many Rivers journey with clients & communities providing business support & economic development.

The community hosted a Farewell luncheon for Lou to show her how much she means to the community and to Thank her for all her contributions and support she has given within her time in Jabiru.

Lou, Red Lily Health wishes you lots of success and happiness in your new job.
Best of luck to you!

Thank You, we will miss you greatly.

Do you have questions or want more information?

Contact Red Lily Health Board at info@redlily.org.au

If you would like to get latest information about Red Lily Health, please visit our website or follow us on Facebook & LinkedIn.

Website: redlily.org.au

Facebook: www.facebook.com/redlilyhealth

LinkedIn: www.linkedin.com/company/31371580

Instagram: <https://www.instagram.com/redlilyhealth>

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