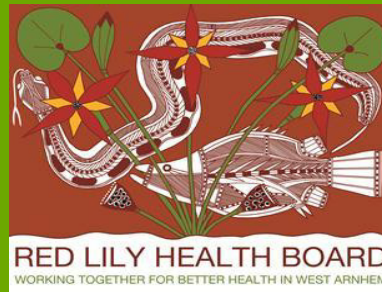


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RED LILY HEALTH BOARD NEWSLETTER

Red Lily acknowledges the traditional owners and custodians across the lands on which we live, and work and we pay respect to elders both past and present

It's the time for the COVID booster shot!



Red Lily Health Board Directors June Nadjamerrek from Gunbalanya and Rosemary Nabalwad from Gunbalanya Homelands recently had their COVID booster shot at Danila Dilba, Malak. Both were very excited as they are fully vaccinated now. June and Rosemary both think it will give them strong protection from COVID, and their message for others is to go for the booster dose and ensure the safety of the community.

We would like to show our gratitude to Danila Dilba, Malak team for their support in vaccinating June and Rosemary.

End of year cool down!



In December 2021, the kids from years 2/3/4 from Jabiru Area School had a splashing time supported by Red Lily Health at the local pool. There was bucketloads of fun to be had and they ended with a BBQ lunch.

Well done kids, you should be all very proud of what you have accomplished in 2021.

Fun times with FaFT

Family as First Teachers (FaFT) is a program that is run within West Arnhem College here in Jabiru. FaFT is for Aboriginal and/or Torres Strait Islander children ages between 0-5. Getting the young bubs ready for school in a fun culturally safe environment.



2021 was full of many fun activities, learning, singing, dancing, and building new connections. Monday – Thursday FaFT do the good morning song to the bubs in a circle singing (“Good morning (bubs name), good morning (bubs name) and how are you today).

End of year Stars Award Ceremony



The Stars girls celebrated their Awards Ceremony in December 2021 which included Award giving, videos and nibbles.

Patricia Miller proudly gifted the Stars girls award for their involvement in the making of health promoting videos (including a NIMA-award winning music video) in partnership with Desert Pea Media using an NT Government grant.

Stars provides a holistic program that supports Indigenous girls and young women to attend and remain engaged at school, complete Year 12 and move into full-time work or further study.

The program is based on strong, trusting relationships. The Stars room provides a culturally safe, warm environment – a place where the girls and young women in the program feel nurtured and inspired. The program provides a diverse range of activities to support Stars to develop the self-esteem, confidence, and life skills they need to successfully participate in school and transition into a positive and independent future.

Meet the Red Lily NEW Employee's

Name: Wayde Bradshaw

Role: Male Youth Worker

Work base: Jabiru

Brief introduction: Our new Male Youth Worker is Wayde who grew up on Minjilang (Croker Island). Skin name is Nawmut, and his dad is from the Kimberly in WA. Wayde enjoys playing basketball and spending time with family as well as going hunting.



Name: Meannnda Husquin

Role: Cleaner

Work base: Jabiru

Brief introduction: Our new cleaner Meannnda grew up in Darwin. She enjoys being outdoors such as fishing and spending time with family.



Welcome to the family!

2022 the year of New Beginnings!



- Start the year thinking about how you can achieve good health in mind, body, and spirit...
- Let today be the day you give up who you've been for who you can become...
- Come see your local Health Centre to get your yearly health check-up. Everything is kept private, so come sit with us and have a yarn.
- Taking control of your health now means chronic disease does not have to be part of your future.
- When your health is good the outcomes for the communities can really empower and can run their own health service in a more cared culturally appropriate way.
- People who have health have hope and people who have hope have everything.

Do you have questions or want more information?

Contact Red Lily Health Board at info@redlily.org.au

If you would like to get latest information about Red Lily Health, please visit our website or follow us on Facebook & LinkedIn.

Website: redlily.org.au

Facebook: www.facebook.com/redlilyhealth

LinkedIn: www.linkedin.com/company/31371580

Instagram: <https://www.instagram.com/redlilyhealth>

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