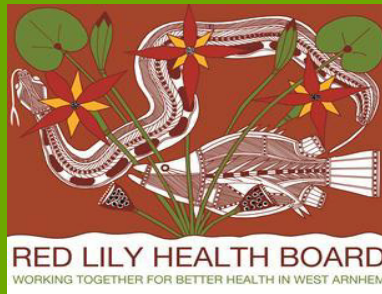


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# RED LILY HEALTH BOARD NEWSLETTER

*Red Lily acknowledges the traditional owners and custodians across the lands on which we live, and work and we pay respect to elders both past and present*

## Red Lily Board directors are charged!



The Red Lily board of directors and alternate directors attended the board meeting at the Jabiru Red Lily Board Room on May 11th and 12th, 2022. The meeting was highly productive, as they reviewed transition updates and local challenges.

The Lord Mayor of the West Arnhem Regional Council, Matt Ryan, attended the meeting on May 11th for an hour, during which the Red Lily board discussed local issues with him, including the need to expedite the rebuilding of the Jabiru and Gunbalanya health centres, and requested his ongoing support. Matt Ryan informed the board that he would continue to work on those and advocate to the appropriate government officials.

The meeting was quite productive, and the directors left feeling energised and optimistic. When June Nadjamerrek and Raelene Djandjul returned to their destination with Mrinal and Brad after the meeting, they appeared to be very relaxed.

### **Transition Update**

The Red Lily Board discussed the plan to transition Jabiru and Gunbalanya Health Centres over the next 2 years. As there is no date for the Gunbalanya building to be built, this would allow Red Lily to add significant weight to ensure a new health centre is built at Gunbalanya as soon as possible.

The Board also heard that the Warruwi Health Centre will transition to Red Lily Health Service on 1<sup>st</sup> September this year. This was very exciting news, following on last years transition at Minjilang and keeps the momentum going for community control of health services in the West Arnhem region. It also includes the employment of the doctors at Minjilang and Warruwi.

### **COVID Outbreak in Minjilang managed efficiently!**

On the afternoon of 14/04/2022 Minjilang recorded its first positive case of community acquired COVID 19. The Surge team was deployed on Friday the 15<sup>th</sup> April. Subsequent testing of community by the health staff and Surge team resulted in over 65 positive cases in the first week and over 93 total positive cases over the next two weeks.



Overall community was very responsive and willing to follow health directions to stop the spread of the virus in community. The Surge team remained in community for two weeks to help the clinic staff to manage the outbreak, provide testing and immunise those eligible.

The help provided by NT Health was greatly appreciated. Due to high vaccination rates in community and by following health directions, none of the positive cases in community required hospitalisation and no deaths were recorded. Red Lily Health service would like to take this time to thank all those involved with managing of this outbreak especially NT health for its continuing support and the Surge team members who came to the community.

## Clontarf Session Time – Hygiene



Wayde our new male youth worker had amazing fun with Clontarf year 3-4 boys at Jabiru School. The session was about good and bad hygiene, making sure the young boys look after their bodies.

Hygiene is important because it keeps you protective from getting sick. Washing your body head to toe morning and night will help get rid of all the dirt and germs.

Personal hygiene includes:

- washing your hands with soap after going to the toilet
- brushing your teeth twice a day
- covering your mouth and nose with a tissue (or your sleeve) when sneezing or coughing
- washing your hands after handling pets and other animals

## A crazy day of colour and fun!



It's time to take your fun run up a notch – and take it to the extreme!

Kakadu had a fun time sliming their way through the fun run track whilst also being covered from head-to-toe in vibrant, genuine Indian colour powder!

Raising \$20,000!! Now that's awesome which will go towards Care flight.

All organisations helped to support these types of events to give the children something to look forward to having some fun!

**Bigger, Brighter & Better than Ever!**

## **Red Lily supported to COVID & Flu vaccine rollout!**



Red Lily Health supported the Gunbalanya Health Centre to provide the community with Flu and COVID Vaccinations for two days. Health education was also provided to assist with worries, concerns and to answer any questions community had regarding vaccinations.

Influenza (flu) vaccines are given each year to protect against the most common strains of the virus.

## Hygiene Session with the little ones at FaFT



Red Lily facilitated a hygiene session with the Families as First Teacher (FaFT) mums and bubs.

We had a special guest join us... Healthy Harold Giraffe! Healthy Harold gave a talk about how to wash our hands, blew our nose and wash our face.

Hygiene is very important to keep germs away that can make you and bub sick. Having wash morning and night with soap from head to toe is one way to keep healthy. Another hygiene tip is to brush your teeth morning and night to stop teeth from getting sick.

## Healthy Friendship!

Stars girls' year 3/ 4 sat down with Red Lily to talk about healthy friendships. We talked about what a friend is, difference between a good and a bad friend and how they can be a better friend.

We played a game of bingo with a twist, the girls had to find things in common with each other to fill the bingo card which is one way to make new friends and get to know people is to identify things you have in common with them.

### *So, what is a friend?*

A friend can be someone in your family, someone you meet at school, someone you meet who knows your family or someone you meet when you are playing sports. Some friendships you make can be bad and some friendships you can make can be good for you.



*Do you have questions or want more information?*

Contact Red Lily Health Board at [info@redlily.org.au](mailto:info@redlily.org.au)

If you would like to get latest information about Red Lily Health, please visit our website or follow us on Facebook & LinkedIn.

Website: [redlily.org.au](http://redlily.org.au)

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Instagram: <https://www.instagram.com/redlilyhealth>

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