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# RED LILY HEALTH BOARD NEWSLETTER

Red Lily acknowledges the traditional owners and custodians across the lands on which we live, and work and we pay respect to elders both past and present

#### Warruwi Health Centre transitioned to Red Lily!



On September 1, 2022, the Warruwi Health Centre has been successfully transitioned to Red Lily Health from NT Health. The IT change over has been happened on 15<sup>th</sup> September. The highly inspired & motivated Red Lily Warruwi team, under the dynamic leadership of Bridget is currently running the Warruwi Health Centre smoothly and efficiently since the transition happened (1st September 2022).

The Red Lily board and staff are very thankful to TOs, Warruwi community, Commonwealth government, NT government, NTPHN, AMSANT, WARC-Warruwi, Yagbani Aboriginal Corporation, ALPA Ajurumu Store and all other funders for their continuous support to make this happen.

#### Jabiru big day out - Black Rock Band!



Black Rock Band hail from the West Arnhem region in the Northern Territory's Top End.

Drawing on deep musical family history they incorporate traditional and contemporary sounds with a steady rock style, singing in both Kunwinjku and English.

With songs like Struggle, Learning on Country and their first recording Bininj Kunborrk literally translating to Traditional Song and Dance - the band sing about their families' cultural richness as well as contemporary social and political issues that reflect their experience as First Nations people.

Their songs are a celebration of culture, connection to country, the fight for social justice and the future they want to create for the next generation of children.

Red Lily Health in conjunction with ALPA and Clontarf put on a free BBQ with fruit and water for the evening.

It was amazing to see how much of the community turned up to support the local band, have a feed and sing and dance the night away.

## **Damulgurra Workshop**

The term for Social Emotional Wellbeing (SEWB) is the preferred term as it refers to the physical wellbeing of the individual and the social emotional and cultural wellbeing of the whole community. This definition recognises the importance of the connection to the land, culture, spiritual, ancestry, family, and community.



Red Lily staff have just completed the Damulgurra workshop with AMSANT and two staff from Jabiru Health Centre joined us.

We really enjoyed learning more about Social Emotional Wellbeing and we can now use our skills to help our people in our community.

#### **Weekly Community Visits**



Red Lily provide a range of support services and we pride ourselves with delivering the 4 Ps of Primary Health Care, these being purpose, promoting, preventing, and protecting.

One of our services is promoting and supporting Jabiru Primary Health Centre with weekly engagements to Kakadu communities. The benefits of these engagements are:

- Reduce risk of getting sick
- detect potentially life-threatening health conditions or diseases early
- increase chances for treatment and cure
- limit risk of complications by closely monitoring existing conditions

During these visits we are often requested by residents to assist in other tasks that support residents and offer social and emotional support.

## **Strengthening Partnerships**

Red Lily received a visit from Kelly Ready, Allison Mills and Matt Fawkner from Catholic Care. We discussed how would collaborate in the future and look forward to working together closely to achieve our common goals and reach more positive health outcomes.



# **Surprise visit from Environmental Health Officers**



Red Lily had a surprise visit from Environmental Health Officers, Nancy Bird and Sarah Cleghorn.

#### What does environment health do?

By addressing the wider determinants of health, including food safety, housing standards, health and safety, air quality, noise, and environment issues generally, environmental health makes a fundamental contribution to the maintenance and improvement of public health.

Since COVID unfortunately we have not been able to collaborate however we are all very inspired to working in a more collaborate space with them moving forward.

We also Thank You Ladies for the kind donation of many boxes of Dettol hand Soap.

## **Warruwi Health Centre IT changeover Team**



Red Lily highly appreciates the hard work of Julian Le Grange & Hayden Lothe from eMerge IT and Michael Kosowski from the NT Health Project team as during their visit to Warruwi on September 14 and 15, 2022, they worked incredibly hard to effectively transition the IT systems to Red Lily systems from NT Health.

Thank you Julian, Michael & Hayden.

#### Do you have questions or want more information?

Contact Red Lily Health Board at <a href="mailto:info@redlily.org.au">info@redlily.org.au</a>

If you would like to get latest information about Red Lily Health, please visit our website or follow us on Facebook & LinkedIn.

Website: redlily.org.au

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