



# RED LILY HEALTH BOARD NEWSLETTER



AED installed at Coburg

This completes the project for Red Lily, each community now has access to an AED.

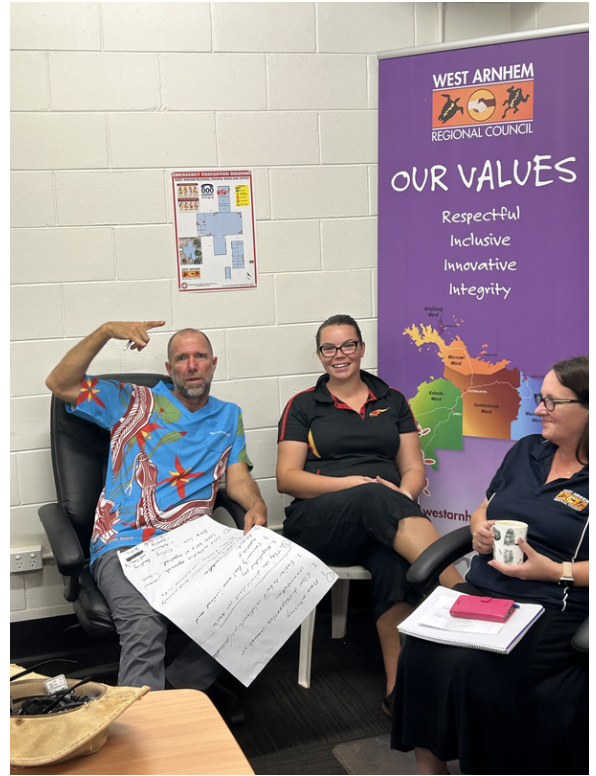
Red Lily acknowledges the traditional owners and custodians across the lands on which we live, work and we pay our respect to elders both past, present and emerging.

## CULTURAL TRAINING

The cultural training at Minjilang received positive feedback and was well attended.

Thank you to Simone and Lee for their home baked goodies.

Special thanks to WARC at Minjilang for the use of their Board room.





Congrats!

Waruwi Health Centre joins Minjilang Health centre in having successfully attained accreditation.

Thank you to both teams for your efforts.



### What is RACGP?

Accreditation is an integral part of safe and quality general practice in Australia. It is independent recognition that practices meet the requirements of the governing national industry Standards, set by the Royal Australian College of General Practitioners (RACGP).

### Culturally Responsive Trauma Informed Practice Workshop

Alicia (Jabiru) and Simmone (Minjilang) attend the Workshop in Darwin with the AMSANT team who took them through a range of powerful activities in a safe and reflective environment.



Participants in this workshop are able to report using **6Rs** of culturally responsive trauma informed practice:

**Realise** the widespread impact of trauma and understand potential paths for recovery.

**Recognise** the signs and symptoms of trauma in clients, families, staff, and others involved with the system.

**Respond** by fully integrating knowledge about trauma into policies, procedures, and practices.

**Reduce** further re-traumatisation of patients, clients and staff.

**Rebuild** connection to community, family and kin, country, culture, body-mind and spirit-spirituality.

**Regenerate** Aboriginal healing frameworks.

## Community news & events!

R U  K?

14th September 2023

**R U OK?** is a public health promotion charity that encourages people to stay connected and have conversations that can help others through difficult times in their lives.

Our work focuses on building the motivation, confidence and skills of the help-giver – the person who can have a meaningful conversation with someone who is struggling with life.

R U OK? contributes to suicide prevention efforts by encouraging people to invest more time in their personal relationships and building the capacity of informal support networks – friends, family and colleagues - to be alert to those around them, have a conversation if they identify signs of distress or difficulty and connect someone to appropriate support, long before they're in crisis.



### OUR VOICE, OUR HEART

Jaxon and Justin are two First Nations men living in Darwin who realise that they don't know what to say about the upcoming referendum. In an effort to find their own voices and help Australians vote with meaning and purpose, the men embark on a journey across the country to engage with communities, activists, and politicians.

Through their journey, Jaxon and Justin hope to inspire a national conversation about the importance of voting with knowledge and conviction, and to help all Australians find their own voices on this crucial issue.

## New staff

Welcome Yekta who is working in projects located in our Darwin corporate office.



My name is Yekta and I come from Iran. When I was a child, Lucy-May of the Southern Rainbow is a Japanese anime series that was written by Australian writer Phyllis Piddington had affected on me and my sister until we decided to move to Australia when we grow up.

I went to Australia for studying my master and then I have got permanent residency via skilled work visa.

I was living in some cities in Australia, but my preference is Darwin. I like Darwin tropical weather especially wet session heavy rain, and nice people.

I am hardworking and responsible; I spend my time reading books, watching movies and cartoons, and spending time with my friends.

I love my family and it is difficult living far from them.

I like living and working in a friendly and peaceful environment, and I don't like competition. From my side, the beauty of world and nature is variety in talent, culture and appearance and it is a mystery of creature making everyone unique.

## Transition update

### Management of outreach clinical services

We are collaborating with NT Health to transition most Outreach resources at the same time as Jabiru Health Centre transition, mid next year.

### Medical services for Waruwi, Jabiru and Gunbalanya

Red Lily has an interim arrangement with NT Health for the Minjilang doctor (Dr Brad Martin) and continue discussions with NT Health regarding Doctors for Waruwi, Jabiru and Gunbalanya.

Both ACCHS's and government have many difficulties in recruitment of doctors all around Australia but particularly in remote service provision.

### Jabiru Health Centre

NT Government have advised that there are further delays with the new Health Centre building completion and should be completed early to mid-2024. Transition will take place following that in mid-2024, following a period of 'bedding in' of the building. There are further discussions taking place, so this plan may change in the coming months.

### Gunbalanya Health Centre

The new building development has been enhanced by an NTG announcement that \$20 million will be allocated for the building. Allocation of the funding has been announced in the NTG budget. This will then allow Red Lily to plan for a date to transition the services based at Gunbalanya. This is a long-awaited allocation of funds and is welcomed by all residents of the area and all stakeholders.

## Do you have questions or want more information?

Contact Red Lily Health Board at [info@redlily.org.au](mailto:info@redlily.org.au)

If you would like to get the latest information about Red Lily Health, please visit our website or follow us on Facebook, LinkedIn & Instagram

### Social media pages!



Website: <https://redlily.org.au/>



Facebook: [www.facebook.com/redlilyhealth](http://www.facebook.com/redlilyhealth)



LinkedIn: [www.linkedin.com/company/31371580](http://www.linkedin.com/company/31371580)



Instagram: <https://www.instagram.com/redlilyhealth>

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The Red Lily Health Board Aboriginal Corporation (RLHB) was formed in 2011 to empower Aboriginal people of the West Arnhem region to address the health issues they face through providing leadership and governance in the development of quality, effective primary health care services, with a long-term vision of establishing a regional Aboriginal Community Controlled Health Service.