



RED LILY HEALTH BOARD
WORKING TOGETHER FOR BETTER HEALTH IN WEST ARNHAM

NEWSLETTER



MESSAGE FROM THE CEO

BRAD PALMER

I often tell people that Red Lily Health Service is like a teenager in terms of our stage of development. We're still quite new but we're getting to understand our place in the world and what the possibilities are. April has brought loads of activity so it's a good thing that we have 'teenager' energy. Though I'm not sure that's how Board members felt after visiting Minjilang for the day recently. We had attended to consult with community on progress since transition and canvassing ideas for positive change. There were a few nodding heads on the plane home.

For the first time ever (I believe) the BreastScreen Bus - Millie - visited South Goulburn Island this month. A brilliant service was provided to the ladies of Warruwi and Minjilang. You can read the story below. Well done everyone involved. Executive and Finance have spent hours this month in preparing budgets for next financial year. Red Lily have been advised by Commonwealth Health colleagues that from next financial year we will be receiving rolling 4 year grant agreements which is a significant step on our road to stability. I hope you enjoy seeing and reading of Red Lily news. We're almost at the end of Bangkerrang (knock 'em down season) so enjoy Yekke and those cool mornings.



THE "MILLIE" BUS WITH MINJILANG LADIES

Red Lily Health acknowledges the traditional owners and custodians across the lands on which we live, work and we pay our respect to elders both past, present and emerging.

COMUNITY NEWS & EVENTS

The **BreastScreen NT** bus visited Warruwi Community from April 9th to 12th, providing an invaluable service to the community.

Thanks to this initiative, 50 women from Minjilang and Warruwi had the opportunity to undergo mammograms and health check-ups, ensuring their well-being and early detection of any potential issues.

We extend our gratitude to all the clinic staff at *Warruwi Health Centre* for their support during the event. Additionally, a special thanks goes out to the **BreastScreen NT** team for their dedication in bringing the Millie Bus, making this essential service accessible to those who might otherwise not have had access.

Their efforts are truly appreciated and make a significant impact on the health of our community.



There are simple things you can do to protect yourself and your mob from flu.

GET A FREE FLU SHOT

The best way to avoid flu this dry season is to get a flu shot.

Free flu shots are available for all First Nation people aged 6 months and over.

Flu shots are especially important for pregnant women and can help protect the baby for the first few months of life.

Go and visit your clinic for your free flu shot today



UPCOMING HEALTH VISITS

MINJILANG Clinic	WARRUWI Clinic	JABIRU Clinic
2 May: Doctor Emma	1 May: Doctor Kirsten	1-2 May: Diabetes Educator
6-8 May: Physio	8 May: Occupational Therapist	15-16 May: Ultrasound
8 May: Mental Health	13 -15 May: Oral Health	20-23 May: Mental Health
9 May: Occupational Therapist	20-22 May: Hearing Services	24 May: Paediatrics
13-15 May: Diabetes Educator	27-29 May: Optometry	27-29 May: Hearing Services Teleo & Audio
20 May: Paediatrics		27-30 May: Diabetes Educator
27 May: Oral Health (Child)		

DOCTOR'S Day on WEDNESDAY every week in MINJILANG & WARRUWI

**We're
Hiring**

- REMOTE AREA NURSE - MINJILANG
- REMOTE AREA GP- WARRUWI
- REMOTE AREA GP- JABIRU

TAKING EXPRESSIONS OF INTEREST NOW:

- HEALTH CENTRE MANAGER- JABIRU



**Join
us!**



Check our website www.redlily.org.au/career/



NEW
STAFF

Name: Midhun Ramachandran

Role: Corporate Support Officer

Workstation: Darwin

My name is Midhun. I'm from India and I moved to Australia in 2016 to pursue a postgraduate degree in Accounting.

Since completing my studies, I have accumulated five years of professional experience in the field.

In 2022, I relocated to Darwin, where I continue to develop my career and expertise in accounting.

I'm enthusiastic about delivering accurate financial insights and thrive in the dynamic and challenging environment of my profession.

At the Red Lily Health Board, I will be supporting both the finance and HR teams.



RED LILY BOARD MEMBERS MEETING

Dates: 23rd May 2024

Location: Red Lily Health Office- *Darwin*

Time: 08:30 am - 04:30 pm

COMUNITY NEWS & EVENTS

GOLD SPONSORS

WEST ARNHEM REGIONAL COUNCIL | ERA Energy Resources of Australia | edL | TERRITORY PLANT HIRE

OPEN (14 and above) \$55

JUNIOR (13 and under) \$30

KAKADU TRIATHLON
JABIRU, NT

OPEN TRIATHLON
Individual or team (of 2 or 3)
12 yrs & above
250m swim / 7.5km ride / 2.5km run

KAKADU CHALLENGE
Open Individual - 5km RUN
12yrs & above

JUNIOR TRIATHLON
Distance based on ability and determined on the day

Tadpoles (6 years and under)
Hatchlings (7-9 years)
Frogs (10-12 years)
Junior Triathlete (12-13 years)

SILVER SPONSORS

sodexo | Intensity | TRIATHLON | nbn | A-J COMMUNITY SERVICES

REGISTER NOW
<https://give.careflight.org/event/kakadu-triathlon>

Registrations close: 12 noon, 5 May 2024

FIRST RACE COMMENCES: 7:00am
EVENT LOCATION: Jabiru Swimming Pool
Registration and Race Briefing from 5:45am - 6:40am
FREE breakfast for participants
Free event singlet for Open Participants
Markets, raffles and more!

COLOUR FUN RUN
4:30pm, Friday, 10 May | Jabiru Lake Park - 2.4km - All ages
REGISTER: \$5pp on the Triathlon website or on the day
Includes glasses and shirt (limited shirt sizes)

RACE BRIEFING
Official briefing on morning of event

Saturday 11 May 2024
Race Day

Facebook icon: KakaduTriathlon

All funds raised goes to **CareFlight**

WEST ARNHEM REGIONAL COUNCIL | ALPA | nbn

COLOUR FUN RUN

Friday, 10 May - Run starts at 5pm
Jabiru Lake Playground
Registration from 4pm

Early Registration:

- Register early at the Jabiru Library from 1pm, Tuesday 7 May
- Register on the Kakadu Triathlon website: give.careflight.org/event/kakadu-triathlon

Details:

- 2.4km run/walk around the lake
- Participants receive a shirt & glasses (limited quantities)
- Sausage Sizzle - gold coin

Adults/Child - \$5
5 and under free

PLUS ALPA's Foam Machine!

All funds raised go to **CareFlight**

KAKADU TRIATHLON

Optometry Visit



Jessica Leung the Optometrist with the outreach Optometry Service were greeted at **Waruwi Clinic** last month with much enthusiasm from community. Over 30 community members attended the clinic for eye and vision assessments. Some happy smiles at the prospect, of new glasses from Tisha Garrabitju, pictured with her daughter.



DOCTOR CLIF AND DOCTOR AMANDA SAY GOODBYE TO WARRUWI

Transition requires change and obviously in changing we would hope that improvement is fundamental. The Warruwi Clinic has enjoyed stable medical coverage since transition to community control in August 2022 and for many years beforehand.

Doctor Clif van der Oest has been providing weekly face to face consultation services and ongoing program support to the Warruwi community for over 9 years and during that time has become an integral part of the Warruwi community.

In recent months medical services in Warruwi have also been supported by Doctor Amanda Robinson who quickly became a popular GP with both clinic staff and community members.



Red Lily Health Board, Warruwi Clinic staff members and the Warruwi community thank Dr Clif and Dr Amanda for their enthusiastic investment and consistent support in promoting the health and wellbeing of Warruwi community members.

Looking forward, Red Lily are actively recruiting to fill the gap left by the departure of our two Doctors and we are confident this necessary change will afford a continuing high standard of medical care for the Warruwi community.

Bruce Reid

*Health Centre Manager
Warruwi Health Clinic*

Good Bye



TRANSITION UPDATES



• Minjilang and Warruwi Health Centres

Red Lily Health manages both Minjilang and Warruwi clinic services.

• Management of outreach clinical services

Red Lily Health will transition 2 of the Darwin-based Outreach positions (Outreach Midwife/Women's Health Educator, and Child Health Nurse) at the same time as Jabiru Health Centre transition.

The remaining Outreach clinical resources will transition with the Gunbalanya clinic.

• Medical services (doctors) for Minjilang, Warruwi, Jabiru and Gunbalanya

Red Lily and NT Health have reached an agreement on the Medical Service provision for Minjilang and Warruwi. This means we are now managing the Minjilang and Warruwi medical service, including the weekly charter. Dr Brad will continue at Minjilang. We are still recruiting to the Warruwi doctor position, but NT Health will continue to provide a doctor until we can recruit.

The Jabiru medical services will be included at the same time as the Jabiru clinic transition.

Gunbalanya medical services are included in the Gunbalanya clinic transition.

The number of doctors hours will remain the same as NT Health, so no change yet.

In time, Red Lily will be able to recruit to more doctor time.

• Jabiru Health Centre

Red Lily and NT Health have an in-principle agreement with a financial package to allow Red Lily to manage the Jabiru health service. So, negotiations continue for acceptable date to transition the service and meet all legal requirements. At this stage it would appear most likely during the 3rd quarter of 2024, i.e. before October timeframe. NT Government have advised that there are continuing delays with the new Health Centre building completion and certificate of occupancy, with a revised date now of mid-2024. The medical service of 1 doctor, and the 2 Outreach clinicians are included with the clinic transition.

It is important to note that, contrary to other reporting, renal services at Jabiru can only support self-dialysis and not a nurse-assisted model. This is due to funding restrictions provided by government. Red Lily have been working closely with Purple House and various government bodies to remedy this and hope/plan that nurse-assisted dialysis will be able to be offered in the future.

• Gunbalanya Health Centre

Red Lily and NT Health have reached an in-principle agreement for a financial package to transition health services at Gunbalanya.

As previously reported, the new building development has been enhanced by an NTG announcement that \$20 million will be allocated for a new clinic building. NTG advise that the tender process is expected to commence early 2024. It has not occurred as yet, but they have advised it's imminent.

Once the tender has been awarded, Red Lily can work with NT Health in planning for a suitable transition date for services based at Gunbalanya, possibly in the 2024-2025 financial year.



Do you have questions or want more information?

Contact Red Lily Health Board at info@redlily.org.au

If you would like to get the latest information about Red Lily Health, please visit our website or follow us on Facebook, LinkedIn & Instagram

Social Media pages!



Website: <https://redlily.org.au/>



Facebook: www.facebook.com/redlilyhealth



LinkedIn: www.linkedin.com/company/31371580



Instagram: <https://www.instagram.com/redlilyhealth>

Acknowledgement: Red Lily Health is funded by NT Health, Australian Government Department of Health, NT Primary Health Network (NT PHN) & Kakadu West Arnhem Social Trust (KWASt). Red Lily Health is supported by Aboriginal Medical Services Alliance NT (AMSANT) & Top End Health Service (NT Government)



The Red Lily Health Board Aboriginal Corporation (RLHB) was formed in 2011 to empower Aboriginal people of the West Arnhem region to address the health issues they face through providing leadership and governance in the development of quality, effective primary health care services, with a long-term vision of establishing a regional Aboriginal Community Controlled Health Service.