

RED LILY News



MESSAGE FROM THE CEO:

As many of you will know, Red Lily suffered the loss of our Chair since our last newsletter. We thank everyone for their condolences and of course our hearts go out to the family. It has been a sad time since then but we know that she would want us all to keep working hard towards our goals and so we will do.

We understand when some people get frustrated by clinic closures for sorry business etc. but trust us when we say that urgent matters may still be addressed by contacting the clinic by phone and we try to keep closures to a minimum.

We continue to recruit staff and I'm particularly pleased to welcome Ed Spilsbury who joins us as the Psychologist who will be working on developing our Social & Emotional Wellbeing Program in the region. He is featured in Meet The Team this month too. Ed is based in Jabiru and will be seen around the region soon I'm sure. In fact he is going to join the Hoops 4 Health team as they travel around in the dry. You'll find info on that program below.

We've also seen a boost in our medical staffing since New Year. Dr Tim Grove-Jones has commenced visiting Waruwi and Dr Brad has agreed to supervise Dr Elise O'Connor who is a General Practice Registrar who will visit the islands too. Welcome to the new doctors. They are settling in well.



RED LILY HEALTH BOARD
WORKING TOGETHER FOR BETTER HEALTH IN WEST ARNHEM

FEBRUARY - MARCH 2025
ISSUE 02 & 03

For those who are watching how Red Lily utilise the renal ready room at Jabiru we'd like to update you on our ongoing advocacy for nurse-assisted dialysis in remote settings. It is clear that those people who are eligible to dialyse in Jabiru are not able to take advantage of self-dialysis but have expressed a preference for nurse-assisted dialysis. In order to achieve that model we would need to be able to access funding. There is a Medicare item for that service but it is only available to 'Very Remote' communities. Jabiru is a 'Remote' location and not currently eligible to claim this item. Last year we approached the MBS Review Advisory Committee who sympathised with our argument for accessing the item but were unable to make that change. We then approached the Federal Department of Health who were aware of the issue and advise that legislation would need to change before this can be resolved. So we continue to look for funding to get the service running.

Thank you all once again for your interest in the progress of Red Lily and have a great time reading this edition of the Newsletter.

Brad Palmer

CULTURAL TRAINING



@Jabiru



Red Lily recently hosted a cultural training session in Jabiru, focusing on fostering culturally safe and effective work practices in West Arnhem communities.

The session explored how to navigate cultural knowledge, protocols, and partnerships while supporting personal and professional development.



Facilitated by Robyn Williams (Red Lily Independent Director) and Don Christophersen, the training covered key aspects of working respectfully within Indigenous communities, including preparation for practice, cultural awareness, and understanding local community dynamics. Employees from both Red Lily and West Arnhem Regional Council (WARC) attended, engaging in meaningful discussions and shared learning.



We sincerely thank WARC for their participation, Shirley for arranging the session and extend our deepest gratitude to Robyn and Don for their invaluable expertise in delivering this training. By strengthening our cultural understanding, we continue to enhance our work alongside the communities we serve.



& RED LILY HEALTH BOARD

Are teaming up to bring:

Healing Through Sport

We are beyond excited to announce that Red Lily Health is partnering with the deadly mob from Hoops 4 Health.

Hoops 4 Health is a First Nations-led organisation that's been changing lives through sport and culture for over 23 years across the Top End and beyond!

With full support from our Red Lily Board, this amazing, trauma-informed, culturally grounded program will soon be hitting the courts in Warruwi, Minjilang, and Jabiru, starting May 2025!

Founded by former NBL legend Timmy Duggan, Hoops 4 Health is all about building resilience, leadership, and emotional strength; using basketball as the tool and culture, connection, and healing as the real goal. Backed by the powerful Neurosequential Model from Dr Bruce Perry, the program has already made over 10,000 touchpoints with young people across the NT and Central Australia.

Since launching on Warrumungu Country in 2002, this deadly crew have been travelling to some of the most remote places in the world, delivering strength-based, healing-centred programs tailored to each unique community. And now it's our mob's turn!

This will be an all-ages community event, and everyone's welcome!

Our very own **Kia (TIS Officer)** and **Ed (SEWB Coordinator)** will be joining the crew, bringing their strengths in social and emotional wellbeing and smoking prevention to support and yarn with community. Together, we're building safe, strong and connected spaces where our young ones and old ones can thrive, learn, move, and grow.

More info coming soon, we'll let you know exactly when and where to show up and get amongst it. You don't want to miss this!

**Let's hoop, heal, and
grow together.**



Congratulations to Renae - Selected for IAHA's Leading Our Ways Leadership Program



Guided by Aboriginal and Torres Strait Islander ways of knowing, being, and doing, the program fosters personal growth, confidence, and leadership in practice. Participants will engage in experiential learning and peer-to-peer connections that support strong, culturally responsive leadership.

As a proud Wuthathi woman and valued team member at Red Lily Health Service, Renae brings a wealth of knowledge, cultural integrity, and practical experience to this journey. Her commitment to community, her collaborative spirit, and her natural leadership qualities make her a perfect fit for this program.

We are beyond proud of Renae's selection and look forward to seeing her leadership grow and strengthen the work we do together.

Congratulations Renae, you inspire us all!

We are proud to share that our dear Renae, our incredible Business Support Officer (BSO), has been accepted into the Leading Our Ways Leadership Program; an exciting, culturally grounded initiative led by **Indigenous Allied Health Australia (IAHA)**.

The **Leading Our Ways** Program is a culturally centred and practical leadership program **designed by mob, for mob**. It is open to all Aboriginal and Torres Strait Islander people living in the Northern Territory who are committed to supporting the wellbeing of their communities across health, education, social services, environment, housing, land conservation and more.

MEET THE TEAM

redlily



**ED
SPILSBURY**

We're thrilled to welcome Ed to the Red Lily Health Board team as our new Social and Emotional Wellbeing (SEWB) Coordinator!

About Ed:



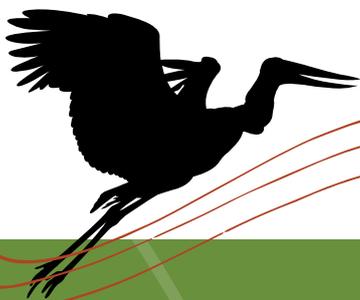
Jabiru, NT

Ed joins us with six years of experience as a psychologist working across the Northern Territory and brings with him a deep commitment to holistic, culturally grounded approaches to health and wellbeing.

He's leading the development of Red Lily's emerging SEWB program, which is all about **"promoting wellbeing by doing wellbeing"**—encouraging active participation, connection to culture, and practical ways of feeling strong and supported.

Ed is also in the process of onboarding a **Culture Officer** to help deliver SEWB initiatives and group wellbeing workshops, with plans to offer one-on-one wellbeing support in the near future.

**We're excited about what's ahead.
Welcome aboard, Ed!**



At the Table for *Community:*

RED LILY

Meet to kick off 2025



Back (L-R): Director & Secretary (Jabiru) Raelene Djandjul, Director & Treasurer (Minjilang) Steven Fejo and Alternate (Gunbalanya) Ron Mangiru.

Middle (L-R): Independent Director Robyn Williams, Board Secretariat Shirley Spicer, Director (Gunbalanya Homelands) Rosemary Nabalwad, Alternate (Gunbalanya) Homelands Lorina Maralngurra, Independent Director Liza Houghton, Independent Director Le Smith and Director (Kakadu Homelands) & Deputy Chair Marcia Brennan.

Front (L-R): Alternate (Jabiru) Kestianna Djandjomerr and Director (Warruwi) Mary Djurundudu.

Red Lily Board came together for the first Board Meet for 2025, held at the beautiful NTIBN Office in Darwin.

We would also like to officially welcome *Independent Directors Robyn Williams and Le Smith* along with our new *Board Alternates Lorina Maralngurra and Kestianna Djandjomerr* to the Red Lily Board Team.



RSV protection for babies

What is respiratory syncytial virus (RSV)?

RSV is a highly contagious respiratory virus that infects the upper airways and lungs. RSV infection can cause a runny nose, cough, wheeze, difficulty breathing and fever. It mostly affects infants and young children but can occur in adults.

RSV can cause severe respiratory illnesses including:

- bronchiolitis (infection of the small airways in the lungs)
- pneumonia (infection of the lungs)
- croup (infection of the voice box and wind pipe)

RSV is spread through droplets from an infected person's cough or sneeze and can spread easily from person to person.

RSV vaccination during pregnancy (preferred)

Vaccination during pregnancy is an effective way to protect your baby from birth to up to 6 months old. Women between 28 to 36 weeks of pregnancy are recommended to receive a free RSV vaccine through the National Immunisation Program (NIP).

Talk to your GP, obstetrician or midwife about the RSV vaccine.





RSV medication after pregnancy

Babies at birth or children up to 2 years may be recommended to receive RSV medication if:

- Their mother did not receive the RSV vaccine in pregnancy, or
- They were born within 2 weeks after their mother received the RSV vaccine, or
- They or their mothers have a medical condition that increases their risk of severe RSV disease.

The medication fights off germs and prevents RSV infection in babies.

RSV vaccine and RSV medication safety

The RSV vaccine and medication are both safe and effective, and have both been strictly tested and approved for use in Australia.



Side effects are usually short lasting and include redness, pain and swelling at the injection site, tiredness and headaches. Serious side effects are rare.

RSV vaccination and medication will be recorded on the Australian Immunisation Register.



DID YOU KNOW?

CHILDHOOD VACCINATIONS



Did you know your child can have their 4 year old vaccinations from 3.5 years?

This is a great idea to be ready for pre-school!



Did you know all children under 2 years can get their **FREE** Meningococcal B vaccine at the Health Centre?

Did you know 15-19 year olds can get their **FREE** Meningococcal B vaccine at the Health Centre?

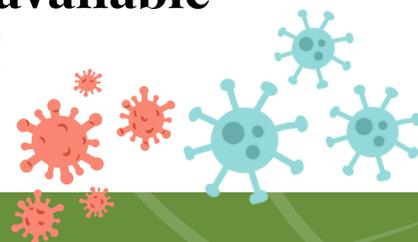
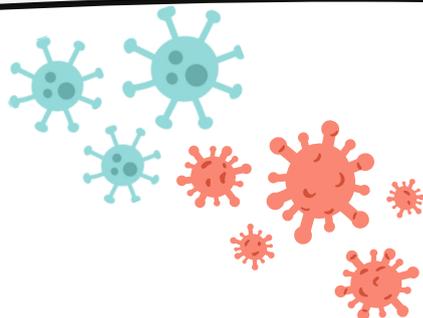


WATCH THIS SPACE



FLU VACCINE

Red Lily will publish as soon as the new flu vaccine is available at our Health Centres!



HEALTH VISITS @redlily

Minjilang Health Centre April Health Visits



Wednesdays



02 April  Midwife

14 April  Children (Paediatrics)

Warruwi Health Centre April Health Visits



Wednesdays



14-16 April  Diabetes Educator
Dietician

16 April  Podiatrist

23 April  Endocrinology
 Ultrasound
 Midwife
 Diabetes Educator

28-30 April  Child Health Nurse
(at School - Screening)

 Child Dentist

30 April  X-Ray (Radiology)

Jabiru Health Centre April Health Visits



01-30 April



01-04 April  Child Health Nurse

07-10 April  Physiotherapist

09 April  Ultrasound

15-17 April  Midwife
 Hearing Services (Audiology)

29 April  Heart Doctor (Cardiology)

29-30 April  Eye Doctor (Optometry)

GUNBALANYA - COMMUNITY CONSULTATIONS



Red Lily Health representatives from the Board and management visited Gunbalanya on 6th February and had a very productive chat with the local Gunbalanya NT Government staff at a meeting, then spent time exploring the Health Centre building and other health infrastructure which will be transferred to Red Lily. There have been some great discussions with many questions asked and sharing of ideas on potential enhanced future services for the community.

The Board spent this trip at the WARC Office Shelter and at the park in front of the Adjumarllarl Shop, yarning with community members and residents about health services as well as visiting the Store and Injalak.

All NTG Gunbalanya staff have been offered an opportunity to transfer to Red Lily and remain in Gunbalanya, with no loss of conditions and salary, Red Lily are hopeful that most will do so. To ensure we have the best clinical staff possible, we have been advertising extensively for Doctors, Nurses and a Manager, already commencing g interviews and negotiations with several.

Not all health services are transferring to Red Lily, as NT Government retain management of many of the visiting and support services, such as:

- Specialist Outreach (SONT)
- AOD Program
- Mental Health
- Dental Services (both adult & kids)
- PATS (Patient Travel)
- Hearing Health
- Allied Health (e.g. Podiatrist, Phsyio, OT etc.)
- Medical Retrieval Service (Care Flight)
- District Medical Officer (DMO)
- Renal services (Dialysis)

Other notes of interest:

- Consultations will remain bulk billed for Medicare card holders, so free consultations and access to s100 medications
- Red Lily Health Service is fully accredited with RACGP and ISO9001
- We are trying to recruit to resident doctors, rather than FIFO
- The health service will remain available 24/7, including after-hours emergency service. The staff will be on-call to cover emergencies.
- Red Lily will maintain the same medical records system (PCIS) used by NT Health, so retains the same levels of confidentiality and history

Red Lily welcomes any questions or discussion about Red Lily and the transition process. We would love to be able to visit you or chat either face-to-face in Gunbalanya, Jabiru, Darwin, on the phone or on videoconference. Please don't hesitate to contact **Steve Hayes** (Transition Manager) on **0437 763 990** or at email stephen.hayes@redlily.org.au

TRANSITION UPDATE *@redlily*



OUR STORY SO FAR

Following transfer from NT Government, Red Lily Health Service now manage the following health services:

-  Minjilang Health Centre
-  Warruwi Health Centre
-  Jabiru Health Centre
-  The Doctor services at each of these sites
-  Outreach Child Health and Women's Health Nurses
-  Head Office corporate services, currently based in Darwin

Specialist visits (SONT) will remain the responsibility of NT Health, as well as medical evacuations (CareFlight), Patient Travel (PATS), Mental Health, AOD services, Oral Health, Hearing Health and various other visiting specialties

NEXT TRANSITION ~ GUNBALANYA HEALTH CENTRE

The management of Gunbalanya Clinic will transition on Tuesday 1 July 2025. NT Health is providing Red Lily with the funding they say is currently utilised, so the number of staff, cars and staff housing will remain similar to the NTG resources.

As previously reported, the new building development has been enhanced by an NTG announcement that \$20 million will be allocated for a new clinic building. NTG advise that the tender process has been delayed from early 2024 to early 2025. Whilst Red Lily has been advocating extensively for an update from NT Government, the continued delay is a concern from Red Lily's perspective, and we continue providing representation to appropriate stakeholders to ensure the building is completed. All advocacy is welcome and appreciated.

The new building will have a new 3-bay morgue, a dental room, hearing booth, renal self-dialysis space, separate men's and women's waiting area and drive-through ambulance bay.

VACANCIES @redlily



Remote Area Nurse (Multiple Positions)
Gunbalanya, West Arnhem Region, NT



Remote Health General Practitioner
Jabiru, West Arnhem Region, NT



Remote Area Nurse
Minjilang, West Arnhem Region, NT



Locum Remote GP's
All locations, West Arnhem Region, NT



Expressions of Interest are welcome
All roles & locations, West Arnhem Region, NT

Want more information?

Head to our **Careers** page on the Red Lily Website: <https://redlily.org.au/career/>

INFORMATION@redlily

Stay Connected:

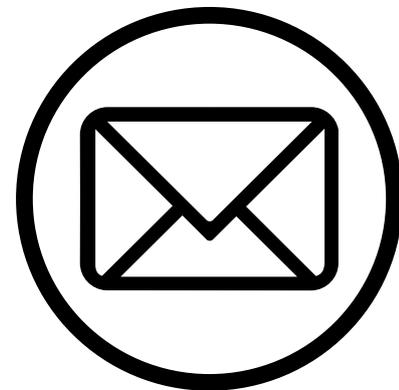


If you would like to get the latest information & keep up with Red Lily, please visit our website or follow us on Facebook, LinkedIn & Instagram.

- Website: <https://redlily.org.au/>
- Facebook: www.facebook.com/redlilyhealth
- LinkedIn: www.linkedin.com/company/31371580
- Instagram: <https://www.instagram.com/redlilyhealth>

Prefer Mail?

You're welcome to write to us:



SPEED: info@redlily.org.au



Red Lily Health Board
PO Box 95, JABIRU NT 0822

Red Lily Health Board Aboriginal Corporation was formed in 2011 to empower Aboriginal people of the West Arnhem region to address the health issues they face through providing leadership and governance in the development of quality, effective Primary Health Care services, with a long-term vision of establishing a regional Aboriginal Community Controlled Health Service.

Our locations:

Jabiru Health Centre

7 Tasman Crescent
JABIRU NT 0886
P: 08 8979 9900

Minjilang Health Centre

Lot 224
MINJILANG NT 0822
P: 08 8979 0229

Darwin Corporate Office

2/18 Bishop Street
WOOLNER NT 0820
P: 08 7925 0020

Warruwi Health Centre

Lot 50
WARRUWI NT 0822
P: 08 8979 0500